



Improving quality. Improving care.

WHAT VCE CAN DO FOR YOU:

CHILD MENTAL HEALTH PROFESSIONAL CREDITS

The Virtual Center of Excellence provides many training opportunities for CMHPs to maintain their MDCH-required 24 hours of annual continuing education. Recorded versions of our Children's Mental Health Grand Rounds and other qualified trainings are available 24 hours a day on our website. Visit http://www.vceonline.org/VideoDemo.asp to find these trainings.

QUALITY AND ORGANIZATION

Trainings are being done by content experts who have well-developed presentations. We provide you with high-quality speakers and presentations that are well-organized. It is easy to register for trainings.

ACCESSIBILITY OF STAFF

The VCE staff is available to answer your questions and provide you with the assistance you need. Call our Toll-Free Message Center at 888-785-7793.

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CFAC Chair announces upcoming consumer advocacy activities

The Consumer Family Advocate Council (CFAC) of Detroit-Wayne County Community Mental Health Agency (D-WCCMHA) was created in 2000. It came about as a directive from the D-WCCMHA Executive Director at that time, Altha Stewart, MD. Dr. Stewart wanted to see an advisory body made up of consumers, family members and advocates that could advise the Executive Director on matters related to community mental health.



Mary Ann Bozenski, LMSW, ACSW, CPSS, CFAC Chairperson

conferences, co-hosted the We Are Family Picnic four times and hold regular monthly meetings. CFAC is made up of 21 consumers, family members and advocates.

CFAC adheres to certain values, like offering persons receiving services support, hope, guidance and encouragement because, without these, nothing else is possible.

Consumers, families, and advocates have the opportunity to take part in the planning process of D-WCCMHA and they should know their rights and make sure their needs are being met.

CFAC promotes the involvement of people with disabilities in the design and delivery of mental health services. Over the years, they have held eight

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Counseling credits now offered by VCE

Your Virtual Center of Excellence is pleased to announce that the D-WCCMHA VCE Continuing Education Review Committee is now an approved provider of Continuing Education Credit (CEC) for Licensed Professional Counselors (LPC and LLPC) through the National Board for Certified Counselors (NBCC).

The Review Committee has welcomed Diane Winchester, MA, LPC, to represent Licensed Professional Counselors in the review process. In addition to CEC for LPCs, the Review Committee is able to approve or obtain approval for courses in the following CEC categories:

- CEC for licensed social workers (LBSW or LMSW) through provider status granted by the Michigan Social Work Continuing Education Collaborative (MI-CEC)
• Continuing Nursing Education (CNE) for registered nurses (RN) through a collaboration with the

Hospice of Michigan Maggie Allesee Center

- Continuing Medical Education (CME) for physicians (MD or DO) and registered nurses (RN) through partnership with Wayne State University School of Medicine Project CARE
• CEC for Certified Advanced Addiction Counselors (CAAC) through the Michigan Certification Board for Addiction Professionals (MCBAP)

If you are offering training for internal staff or workshops open to the general public and are interested in applying for any of the above types of Continuing Education Credit, please complete the Educational Curriculum Application found under the Documents tab on the VCE website. Please direct any questions to Continuing Education Coordinator Katrina Palmer or Curriculum Specialist Pasquale Vignola through the Contact tab of the VCE website.

Training	Date/Time	CECs	Location	Audience	Registration Opens
Children's Mental Health Grand Rounds: A Novel Approach to Working with Children & Families in Therapy	7/15/10 10AM - 12PM	3.0 for Licensed Social Workers, 2.0 CMEs, 3.0 CNEs, 2.0 Counseling Credits	LIVE SITE: Dearborn-Ford Community & Performing Arts Center 15801 Michigan Ave. Dearborn, MI	Community mental health professionals, teachers and human services workers serving families who are Wayne County residents.	Open Now! Go to <a href="http://www.vceonline.org">www.vceonline.org</a> to register. THIS TRAINING IS AVAILABLE LIVE AND AT 4 BROADCAST SITES THROUGHOUT THE COUNTY. GO TO THE WEBSITE FOR MORE INFORMATION.
Systems Transformation Learning Series with David Mee-Lee, MD (different topic each day)	7/19-20/10 10 AM - 3 PM	CECs are pending.	University of Michigan-Dearborn 19000 Hubbard Drive, Dearborn, MI 48126	Wayne County physicians, who work in Community Mental Health, Developmental Disabilities and Substance Abuse systems with children, adolescents and their families, including advocates, case managers, child mental health professionals, direct care workers, family members, licensed professional counselors, nurses, occupational therapists and peer support specialists.	Coming soon to the VCE website, <a href="http://www.vceonline.org">www.vceonline.org</a> .
Direct Care Learning Series: A Training on Autism	8/4/10 10 AM - 12 PM	There are currently no CECs for this training.	LIVE SITE: Center for Excellence, 13111 Allen Road, Southgate, MI 48195	Community mental health professionals, teachers and human services workers serving families who are Wayne County residents.	Open Now! Go to <a href="http://www.vceonline.org">www.vceonline.org</a> to register. THIS TRAINING IS AVAILABLE LIVE AND AT 4 BROADCAST SITES THROUGHOUT THE COUNTY.
Children's Mental Health Grand Rounds: Ensuring Active Engagement of Youth with Youth United	8/19/10 10AM - 12PM	3.0 for Licensed Social Workers, 2.0 CMEs, 3.0 CNEs, 2.0 Counseling Credits	LIVE SITE: Dearborn-Ford Community & Performing Arts Center 15801 Michigan Ave. Dearborn, MI	Community mental health professionals, teachers and human services workers serving families who are Wayne County residents.	Coming 7/15/10 to <a href="http://www.vceonline.org">www.vceonline.org</a> ! THIS TRAINING IS AVAILABLE LIVE AND AT 4 BROADCAST SITES THROUGHOUT THE COUNTY.
Children's Mental Health Grand Rounds Series: Supporting Parents in Dealing with Children with Difficult Behaviors	9/16/10 10 AM - 12 PM	3.0 for Licensed Social Workers, 2.0 CMEs, 3.0 CNEs, 2.0 Counseling Credits	LIVE SITE: Dearborn-Ford Community & Performing Arts Center 15801 Michigan Ave. Dearborn, MI	Community mental health professionals, teachers and human services workers serving families who are Wayne County residents.	Coming 8/19/10 to <a href="http://www.vceonline.org">www.vceonline.org</a> ! THIS TRAINING IS AVAILABLE LIVE AND AT 4 BROADCAST SITES THROUGHOUT THE COUNTY.

**VCE has secured credits in the following areas: Michigan Commission On Law Enforcement Standards (MCOLES), Licensed Counselor, Nursing, Certified Addictions Counselor, Social Work and Continuing Medical Education Credits. Credits in other areas also are being pursued.**

VCE TEAM	<b>From D-WCCMHA:</b>	<b>From VCE:</b>	
	<i>Veda Sharp, LMSW</i> Acting Executive Director	<i>Carol Ann Oleksiak, LMSW, ACSW</i> Director	<i>Michael Moreland</i> Video & Production Manager
	<i>Teresa Blossom</i> Director of Communications	<i>Sheila Blair, AA</i> Project Manager	<i>Katrina Palmer, BA</i> Continuing Education Coordinator
	<i>Michele Reid, MD</i> Medical Director	<i>Kimberly Bradshaw, AAS</i> Program Assistant	<i>Laura A. Sheldon, BS</i> Event Planner
	<i>Rita Turner, LMSW</i> Director of Utilization Management	<i>Brett Bryant</i> Audio/Video Specialist	<i>Nathaniel Staley, BA</i> Research Assistant
	<i>Margaret Keyes-Howard</i> Dept. Manager, Community Education	<i>Stacy Duff, LBSW</i> Children's Initiatives Coordinator	<i>Jason Steele</i> Program Assistant
	<i>Jamie Farmer, BBA</i> Event Planner	<i>John Vernier</i> Customer Service Operator	
	<i>Tiffanie Martinez, MSW</i> Event Coordinator	<i>Pasquale Vignola, MA, LLP</i> Curriculum Specialist	
VCE Mailing Address: 13101 Allen Road, Southgate, MI 48195 Toll-free Message Center: 888-785-7793 Fax: 734-785-7740			

# VCE offers new online trainings

Currently, the Virtual Center of Excellence offers the following trainings on our website, [www.vceonline.org](http://www.vceonline.org). VCE continues to add trainings to its repertoire.

## Community Mental Health Required Training's

▶ **Person Centered Planning with Children, Adults & Families**

Required every two years by all Mental Health Professionals

**Course Offer: 1 CEC**

▶ **Medicaid Fair Hearings, Local Appeals & Grievances**

Required every two years by all Mental Health Professionals

**Course Offer: 1 CEC**

▶ **Health Insurance Portability and Accountability Act (HIPAA)**

Required every two years by all Mental Health Professionals

**Course Offer: 2.5 CECs**

▶ **Annual Recipients Rights**

Required annually by all Mental Health Professionals

## Supplementary VCE Trainings

▶ **Foundations of Self-Determination**

**Course Offers: 2 CECs**

▶ **Medication Administration Refresher**

**Course Offers: 0 CECs**

▶ **Cognitive-Behavioral Treatment of Children & Adolescents**

**Course Offers: 2 CECs**

▶ **Interdisciplinary Approaches to Pain Management**

**Course Offers: 1 CEC**

▶ **Ethical Issues in Child & Family Therapy**

This training counts for 3 of the 24 hours of annual training required by the Michigan Department of Community Health (MDCH) for Children's Mental Health Professionals (CMHP). **It is not approved for social work CEC.**

▶ **Cultural Competency: Working with LGBTQ Youth**

**Course Offers: 1.5 CECs**

▶ **Medication Administration Refresher**

**Course Offers: 0 CECs**

▶ **Traumatic Brain Injury and Public Service**

**Course Offers: 3.0 CECs**

▶ **ACT: Basic Elements of Assertive Community Treatment**

(required for all ACT staff)

**Course Offers: 1.5 CECs**

▶ **Gender Development in Children**

**Course Offers: 2.0 CECs**

▶ **ACT - Advanced Elements I & II**

**Course Offers: 1.0 CEC**

# Q&A

*VCE's Answers to the most commonly asked questions.*

### **How can I keep track of my continuing education credits for live or online trainings?**

Your continuing education credits are recorded and are available through your Training Transcript at [www.vceonline.org](http://www.vceonline.org). Credits earned from attending a live event will show up on your transcript as long as you register for that training at our website. It also will record all of your online trainings. We recently added a self-reporting section, where you can add training you take outside of VCE so you can track all your credits in one location!

### **What if I am having problems playing the videos on the online trainings?**

First, each course has a "Help" button in the upper right corner of the screen. Clicking this button will give you a list of supported computer operating systems and Internet browsers that work properly with our courses. Make sure you are using a supported operating system (OS) and Internet browser. If you are, and are still experiencing problems with the video, your network administrator/IT support person will need to be involved to resolve the issue. Please have this person contact the VCE Help Desk at [info@vceonline.org](mailto:info@vceonline.org) or (734) 785-7705, Ext. 7561.

### **How do I print a training certificate?**

The easiest way to print a training certificate is from your Training Transcript. To print a certificate from a live event, scroll down to the "Training Completed" section and click on the event name. To print a certificate from an online training, scroll down to the "Online Training" section and find your course. Click on the year below the course name to print your certificate.

### **What is the National Provider Identification section on the VCE membership page?**

This section is not required. If you do not have a National Provider Identification number, then leave this field blank.

### **I am trying to take a required VCE Online Course and when I try to print out a certificate, last year's date appears on the certificate. My agency requires that we have this training annually. What is the issue?**

The Detroit-Wayne County Community Mental Health Agency recently determined that Recipients Rights is the only one of the required online courses to be taken annually. Other trainings -- Medicaid Fair Hearings, HIPAA and Person-Centered Planning -- are now required once every two years. If you took one of the two-year courses in 2009, you will not need to retake it until 2011. Courses will be reset every year (Recipients Rights) or two years (other required courses) so you can retake them and stay compliant with your required trainings.

# ADVERTISE HERE!

Your message will reach over 15,000 people in Wayne County, specifically CMH Workers. Ads will be subject to approval by D-WCCMHA and VCE staff. Great opportunity to advertise your fundraiser, conference or training. Lower ad rates for non-profits. To place an ad, contact Sheila Blair at 734-785-7705, Ext. 7300.

## Presenter Profile

### Speaker authors new book on Hope

Kenneth Cunningham, PhD, ACSW, LISW, LMSW, has recently published a book on maintaining hope through adversity.

*Cake and More Cake, A Diet of Hope* is a collection of inspiring stories with international flair from the life of Dr. Cunningham. This work sets the stage for contemporary thinking, and the challenge of utilizing hope on a daily basis to make life better.

"Hope is what you have when you get what you want," Cunningham says. "Think about it and move toward a renovated, ingenious self psychology."

The positivistic psychological model moved forward faster in the nineties when psychologists began to think of humans and their happiness, contentment and hope.

"Until the 1990s there was limited



literature on the psychology of hope," he said. "Now, there is, not only a burst of the use of the word 'hope' in contemporary psychology, education and politics, but people are moving toward some awareness that hope is as valuable to the mind as oxygen is to the body."

The book is available at [www.cakeandmorecake.com](http://www.cakeandmorecake.com), but will soon be distributed through all major bookstores.

Dr. Cunningham has a diverse background in community mental health and is a licensed therapist in both Michigan and Ohio. He was a presenter at VCE's 2009 Autism Across the Lifespan: Emerging Practices conference, where 550 were in attendance.

Dr. Cunningham continues to speak on hope, and most recently was a presenter at the International Conference on Hope and Resiliency in Croatia.



## VCE WEBSITE NOW FEATURES COMMUNITY CALENDAR & BULLETIN BOARD

At the request from D-WCCMHA, the VCE has developed a Community Calendar located on the website. This is an opportunity for the Agency to capture all of the training being done throughout the county's CMH system.

The Community Calendar can be accessed through the home page of the VCE website.

Members of the CMH system are encouraged to submit all of their trainings to the Community Calendar. VCE will advertise your training here for free if you would like. Otherwise, the training, even though you do not want it advertised, will still populate a database, that the Agency can use for reports to the State of Michigan.

Another addition to the website is our new Bulletin Board, located on the website's home page. If you have an article or new resource relating to CMH, please feel free to post the information on the Bulletin Board to share with all of VCE's 15,000 website users.

Submissions for the Community Calendar and Bulletin Board will be screened for appropriateness before being posted to the website.

Please visit [www.vceonline.org](http://www.vceonline.org) for more information.

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Consumers, families and advocates should be provided training in self-advocacy skills. Mental Health-related services should be delivered in a manner that supports recovery, self-determination and independence. Supports and services should be identified and implemented through the person-centered planning process.

CFAC has developed a work plan for the fiscal year 2009/2010, the goal being to: Implement a Community Campaign to Reduce Stigma.

One of the ways CFAC is meeting that goal is the development of this year's conference, "Hurdling Obstacles Toward Success." The conference is scheduled to take place on Friday, August 20, 2010, at the Charles H. Wright Museum of African American History, 315 E. Warren, Detroit.

CFAC also is co-hosting the annual "We Are Family" Picnic to be held on Friday, June 18, 2010, at Shelter 8 on Belle Isle from 11 AM – 3 PM.

CFAC members strive to reduce stigma by empowering consumers, families and advocates through education, outreach and communication.